

DE Food Research Network Meeting

9/15/2021

Link to meeting recording: https://capture.udel.edu/media/DE+Food+Research+Network+-+September+meeting/1_mxns9x8o

Attendees:

Allison Karpyn

Tara Tracy

Mia Seibold

Michelle Axe

Mary Skaats

Karen Shore

Alicia Salvatore

Anna McDermott

McKenna Halverson

Nikko Brady

Thianda Manzara

Shebra Hall (Pronounced SHEEBRA)

Lindsey Lancaster

Katie Fitzpatrick

Kejda Llana

Pam Washington

Gina Crist

Shreya Kolipaka

Nicole Freedman

Andrea Pierce

Verona Mulgrave

Mia Papas

1. Michelle Axe, Christiana Care, Food Farmacy
 - a. Holistic Care Approach
 - i. Primary care, nutrition services, iREACH, community health, Lutheran Community Services, and behavioral health
 - b. Intervention Overview
 - i. 6-month nutrition based comprehensive care intervention with food provisions
 - ii. Serving Medicaid at-risk patients with uncontrolled diabetes, hypertension and/or heart failure
 - iii. Connect ChristianaCare's primary care patients with a community worker, pharmacist, registered dietician, behavioral health consultant, and medically tailored food boxes
 - c. Evaluation Design
 - i. Prospective pragmatic study of FCT patients who participate in FF (N = 50; sample size determined by funding – increase cohort pending funding)
 - ii. Process evaluation to examine implementation process and experience, fidelity, and dose
 - iii. Longitudinal evaluation (changes from baseline to 3- and 6- months)
 1. Within group change

2. Between group change – matched patients (FCT alone and other high-need practices)
- d. Outcomes
 - i. Food Access and Behavior
 - ii. Other Health Behaviors (e.g., tobacco use and sleep quality)
 - iii. Health & Utilization (e.g., blood pressure)
- e. Discussion/Q&A
 - i. What's the ballpark cost?
 1. \$150K grant rec'd + additional \$100K received=\$250K total cost, but this excludes any Medicare-covered costs (e.g., pharmacist, RD)
 - ii. Is this program replicable? Could it be extended? Where?
 1. Nicole Freedman: With DMMA (Medicare) reimbursement, would FQHCs be eligible/interested? Michelle – would like to share w/ others, Christiana serves DE folks beyond Christiana. Nicole does grant writing for WFH so will connect w/ them (!).
 2. Only working in NCCo due to community partner, Lutheran Community Service's (LCS) capacity.
 3. American Rescue Plan funds? Yes, Christiana Care looking at this & other sources as perm sources of \$\$ beyond current grant programs.
 - iii. Data collection
 1. ASA24+other Qs in complete survey that Michelle is willing to share. \$50 GC. Also weekly food consumption survey.
 - iv. Utility of opt in services?
 1. Always working w/ CHW, once ppts get used to behavioral health consultant ppt they might opt-in then to them & RD, medical, Pharmacists.
2. Next meeting topics & date/time
 - a. Research update topics for Nov/Dec
 - i. Andrea Pierce (main presenter, research will be completed)
 - ii. Katie Fitzpatrick
 - iii. Nicole Freedman
 - iv. CRESA/Allison – McKenna
 - b. Presenter for early 2022 meeting
 - i. Karen Shore